

Medication Bag Grant Information for Staff

The Goal is to improve our patient's medication adherence by...

- Providing a Med Bag so all medications are stored together in one location at home.
- Provide Medication Reconciliation and a Medication List for home use.
- Encourage patients to bring the Med Bag with all medications AND their Medication List to medical appointments

Medication Bags will be given to all acute, OBS, or skilled patients that are discharged to home. Our goal is to provide Med Bags to 100% of these patients. When removing a Med Bag from storage, please document the patient's name on the Med Bag Sign Out Sheet. This is how we will track our goal, and the health coach will know who to follow up with.

Medication Bags can also be given to patients from the ER, Clinic, Home Health, Outpt Surgery, and others. We do not have a specific goal with this group of patients. Any patient that would benefit from the Medication Bag can be given one. When removing a Med Bag from storage, please document the patient's name on the Med Bag Sign Out Sheet so the health coach can follow up with them.

When removing a Med Bag from storage, please document the patient's name on the Med Bag Sign Out Sheet. This is how we track our goals and also helps the Health Coach know who to contact for follow up.

ALL patients given a Medication Bag must complete a Pre Med Bag Questionnaire. Please help our patients complete the questionnaire. Return all questionnaires to Betty Mallen, she will contact patient at a later time to complete the Post Med Bag Questionnaire.

Provide Medication Reconciliation and update the Home Medication List. This is by far the most important task we can provide to our patients.

Other forms will be included with the Medication Bags such as the IPOST, Health Information Form, and Portal Information. These may also be reviewed and completed with patients.

Encourage patients to bring the Medication Bag with all medications AND their Medication List to all medical appointments. The Health Information Form that includes patient history and contact information can also be included.

Specific instructions for the Medication Bag Grant can also be found on the Process Change Alert titled "Medication Reconciliation Guidelines." THANK YOU for assisting our patients with Medication Adherence.

Medication Bag / Home Medication List
Information for Patients

Remember, medicines can only help you IF you take them the right way.

**The Medication Bag and information provided here is intended to help you do so.
Our goal is to**

Store all of your medications in your Medication Bag in a designated location in your home. Keep all medications stored together in one place unless they require refrigeration. This will help if an emergency situation occurs and your doctor needs to review all of your medications. Be sure that your medications are stored out of reach of any children, especially if you have non-child proof containers.

Do not mix different medications together in one container; this will make it difficult if not impossible to identify your medications in an emergency.

Your Medication Bag should be stored in a cool, dry area.

Medications stored in the refrigerator should be separated from other items in the refrigerator.

Expired medications (there are expiration dates on ALL of your medications) **and medications that your doctor has discontinued should be discarded.**

Never share or give your medications to another person.

Keep your Home Medication List updated at all times. Use pencil so changes can be made. Remember, medicines can help you only if you take them the right way; as your provider intended. This list will help you do so.

Always take your Health Information Form, Home Medication List, Medication Bag, and all Medications to your medical appointments.

Contact your medical provider or pharmacist if you have questions regarding your medications.